

<b>Itinerary for Gold 'N' Wave Ride</b>					
	<b>Date &amp; Day</b>	Depart	Arrive	Approx. Distance	Notes
<b>Day 1</b>	<b>Sunday 25th March</b>	Perth	Tootyay- <a href="#">Meal provided tonight</a>	90 kms	Meet at Bell Tower (Barrack St). Food shopping available at Tootyay until 7 pm.
<b>Day 2</b>	<b>Monday 26th</b>	Tootyay	Wyalkatchem	105 kms	Lunch stop will depend on wind conditions.
<b>Day 3</b>	<b>Tuesday 27th</b>	Wyalkatchem	Mukinbudin	110 kms	Camp kitchen stated to be Australia's best
<b>Day 4</b>	<b>Wednesday 28th</b>	Mukinbudin	Southern Cross	130 kms	Do a food shop for breakfast & lunches
<b>Day 5</b>	<b>Thursday 29th</b>	Southern Cross	Bush Camp- <a href="#">Meal provided tonight. No facilities</a>	130 kms	Ensure supply of wet ones and toilet paper.
<b>Day 6</b>	<b>Friday- Good Friday 30th</b>	Bush camp	Kalgoorlie	100 kms	Hot Cross buns I hope.
<b>Day 7</b>	<b>Saturday 31st</b>	Kalgoorlie	Rest Day	0 kms	Bike shop in town if required
<b>Day 8</b>	<b>Sunday- Easter Sunday &amp; April Fools 1st April</b>	Kalgoorlie	Bush camp- <a href="#">Meal provided tonight</a>	140 kms	<b>Happy Easter</b>
<b>Day 9</b>	<b>Monday- Easter Monday 2nd</b>	Bush camp	Salmon Gums	150 kms	Pub has some good meals and very friendly.
<b>Day 10</b>	<b>Tuesday 3rd</b>	Salmon Gums	Esperance	100 kms	Beginning of nearly 4 rest days
<b>Day 11</b>	<b>Wednesday 4th</b>	Esperance	Rest Day	0 kms	Shop for breakfast & lunches for next 3 days.
<b>Day 12</b>	<b>Thursday 5th</b>	Esperance	Cape Le Grand- <a href="#">Meal provided tonight</a>	65 kms	1/2 days ride. Bush camp
<b>Day 13</b>	<b>Friday 6th</b>	Cape Le Grand	Rest Day- <a href="#">Meals provided tonight</a>	0 kms	Bush camp

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<b>Day 14</b>	<b>Saturday 7th</b>	Cape Le Grand	Esperance	65 kms	1/2 days ride
<b>Day 15</b>	<b>Sunday 8th</b>	Esperance	Munglinup <b>Meal provided at camp tonight</b>	110 kms	Bush camp with toilets and roadhouse across the road.
<b>Day 16</b>	<b>Monday 9th</b>	Munglinup	Ravensthorpe	85 kms	Basic facilities at caravan park.
<b>Day 17</b>	<b>Tuesday 10th</b>	Ravensthorpe	Lake King	75 kms	Short day again today
<b>Day 18</b>	<b>Wednesday 11th</b>	Lake King	Hyden	130 kms	Wave Rock
<b>Day 19</b>	<b>Thursday 12th</b>	Hyden	<b>Rest Day - Meal provided tonight</b>	0 kms	Check out the rock!
<b>Day 20</b>	<b>Friday 13th</b>	Hyden	Lake Grace	100 kms	Wave goodbye to the rock!
<b>Day 21</b>	<b>Saturday 14th</b>	Lake Grace	Ongerup	125 kms	Start of the school holidays. Take care of drivers.
<b>Day 22</b>	<b>Sunday 15th</b>	Ongerup	Moingup Springs - <b>Meal provided tonight</b>	75 kms	Bush camp- wet ones & toilet paper required.
<b>Day 23</b>	<b>Monday 16th</b>	Moingup Springs	Denmark	115 kms	Supermarkets are in abundance for most of the time now.
<b>Day 24</b>	<b>Tuesday 17th</b>	Denmark	Rest Day	0 kms	Bikes may need a clean round about now.
<b>Day 25</b>	<b>Wednesday 18th</b>	Denmark	Walpole	65 kms	1/2 days ride
<b>Day 26</b>	<b>Thursday 19th</b>	Walpole	Pemberton	125 kms	<b>Start eating up your food supplies. Don't over shop.</b>
<b>Day 27</b>	<b>Friday 20th</b>	Pemberton	Augusta	125 kms	
<b>Day 28</b>	<b>Saturday 21st</b>	Augusta	Margaret River	55 kms	Via Cave Rd
<b>Day 29</b>	<b>Sunday 22nd</b>	Margaret River	<b>Rest Day - Meal provided tonight</b>	0 kms	Enjoy this area.
<b>Day 30</b>	<b>Monday 23rd</b>	Margaret River	Busselton	55 kms	Via Jindong Treeton Road

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<b>Day 31</b>	<b>Tuesday 24th</b>	Busselton	Lake Clifton	130 kms	
<b>Day 32</b>	<b>Wednesday 25th</b>	Lake Clifton	Woodman's Point	100 kms	Staying just out of Freemantle
<b>Day 33</b>	<b>Thursday 26th</b>	Woodman's Point	Main Freemantle	15 kms	<b>Celebratory breakfast</b>
<b>Total 2670 kms to be ridden.</b>	<b>Total Rest Days is 6</b>	<b>Half day rides is 8</b>	<b>10 Meals provided.</b>	<b>6 bush camps</b>	<b>27 riding days with average of 100 kms per day.</b>